



CENTENARY SHEDDERS



Official Newsletter
of the
Centenary Suburbs
Men's Shed

Season's Greetings

No. 4 - 4th Qtr. Oct/Nov/Dec 2019

NEW MEMBER GARRY DOLAN HAS PAINTED HIS WAY INTO THE PENTAGON...



Brisbane Artist will Exhibit his Paintings at the Pentagon, USA.

From a 13 year old, painting landscapes around Nelson Bay, New South Wales and selling his art to tourists, to having his work exhibited at the Pentagon, in the United States of America, for Garry Dolan, his recent achievement has been a culmination of perusing his passion for painting for the Brisbane artist.

Born in Sydney and moving around Australia with his family, it was the roar of the RAAF Mirage jets out of Williamtown,

flying low overhead when he was painting landscapes nearby at Nelson Bay that attracted him to a career in the Royal Australian Air Force at a Radio Technician.

A vehicle accident changed his direction in life, he was medically discharged from the RAAF in 1988 and began a career in marketing motor sports. This change eventually took him and his family to Europe for twelve months. It was whilst in a Doctor's waiting room in Kent, browsing through the reading material which included artist's magazines that

reinvigorated Garry's passion for painting. The family yearned to return to Australia and on their return, Garry picked up his old brushes and regained his interest in painting.

Story Continued Page 5

**YOUR SUPPORT
IS VITAL**



Page 10



MANAGEMENT COMMITTEE



PRESIDENT

DAVID COPE

Mobile: 0412 655 758
Email: dcope@amqld.com.au



CENTENARY SUBURBS MEN'S SHED Inc.

125 Monier Road, Seventeen Mile Rocks Qld 4073

Email: info@csms.org.au

Web: www.csms.org.au

PO Box 3026 Darra Qld 4976



VICE PRESIDENT

TREVOR JOHNSSON

Mobile: 0409 222 248
Email: johnssonm@bigpond.com



SECRETARY

ROB TROY

Mobile: 0490 805 539
Email: info@csms.org.au



TREASURER

ROB MURRAY



SHED MANAGER

TONY HENDRY

Mobile: 0412 647 786
Email: tony.hendry51@gmail.com



HEALTH & SAFETY OFFICER

TONY WENCH

Phone: 07 3271 1426
Email: Maxine.anthony@hotmail.com



SPONSORSHIP & FUNDRAISING COORDINATOR

JON CHURVEN

Mobile: 0418 745 884
Email: jon.churven@bigpond.com

SUB COMMITTEE



WOODWORKING SHOP

PETER MORAITIS



MACHINE SHOP

BOB MARTIN



HOT WORKSHOP

MARK BEALE



ARTS & CRAFTS

T.B.A.



MEETING ROOM

HUBERT GRAVENDYK



GROUNDS

TREVOR JOHNSSON



INFORMATION TECHNOLOGY & COMMUNICATIONS

NEIL RECKERS



NEWSLETTER EDITOR & JOURNALIST

MAL LANCASTER

Mobile: 0412 795 118
Email: mal.lancaster@optusnet.com.au



CATERING

JOHN SILKSTONE



GRAPHIC DESIGN & NEWSLETTER PRODUCTION

JIM ALLEN

Mobile: 0412 246 905
Email: realizm@bigpond.net.au





PRESIDENT'S PONDERINGS

A word or three from our man at the top

Hi and welcome to our end of year newsletter. We have been pleasantly surprised with the response we have had from our previous publications and hope that this one will have some thought provoking issues, great yarns and encourage new membership.

To our wonderful sponsors many thanks for your support. It has enabled the shed to venture forth with new projects and assisted with our membership drive.

This year we have embarked on a project in our metal work section. We are constructing a quarter scale working Steam Traction engine and carriage. To enable this to take place we applied for a grant from the Brisbane City Council and were pleased to be informed that we were successful. Once more the council is supporting our endeavours. More about this project next issue.

In a wood workshop dust is also a problem (health) and I am pleased to say that our local Councillor Matt Bourke is again supporting us to enable the installation to begin in the New Year. Thanks Matt you have

constantly been a great supporter.

Given that the traction engine project has rejuvenated the metal workshop we, the committee, will be meeting in January to plan our projects for 2020 in consultation with our members.

Finally to all our supporters and members have a great Xmas and I hope the 2020 will kind to all.



EDITORIAL TEAM TITTLE TATTERINGS....

A Word from Mal



**NEWSLETTER
EDITOR
& JOURNALIST
MAL LANCASTER**

Mobile: 0412 795 118
Email: mal.lancaster@optusnet.com.au

I would like to take this opportunity to wish you and your family all the best for the Festive Season.

Time has passed so quickly since producing the first newsletter in March, here we are reading the last edition for 2019. I would like to thank all members for their assistance in producing an effective communication link between the Shed members and our community.

Bev and I are off doing what most retirees do, spending the kids inheritance on an overseas trip in November. On our return from Egypt and Jordan we will spend Christmas with family in Melbourne

Merry Christmas, see you all in 2020 and I hope with many new stories to tell !



A word from Jim



**GRAPHIC DESIGN
& NEWSLETTER
PRODUCTION**

JIM ALLEN

Mobile: 0412 246 905
Email: realizm@bigpond.net.au

G'Day Fellow Shedders.

Been very busy these past couple of weeks with the classic motorcycle scene, creating stickers, attending bike swap meets and displaying my bikes at the shows ! - I won some trophies for "Best Bike".

Watch out for a story on a couple of members into motorcycle restoring and riding, next issue.

In the mean time I wish all Shed members and their families a wonderful Christmas and a great New Year

Again, a big thank you to those who contributed to the news !



Please **NOTE** the following if you wish to contribute to your newsletter:

WRITING STORIES: To assist us in placing the copy we would appreciate your input be typed directly onto your email or in a Word Document. From one of these the text can be copied and pasted into Coral Draw, the system Jim uses to format the pages and create the artwork. Do not include photos or images in a Word Document, send them separately as next described.

PHOTOS & IMAGES:

The easiest way to import photos and images into Corel Draw is to have them supplied as **original size** jpegs. When sending by email they should be placed in the **ATTACHMENT** section of the email **ABOVE** the actual page where you type your message /story - otherwise they cannot be used readily.

Contact Jim or Mal if you have any questions about sending stuff

Send stories and images etc.to
[mal.lancaster@optusnet.com.a](mailto:mal.lancaster@optusnet.com.au)



WE WILL REMEMBER THEM..... Pozieres, France

Centenary Men's Shed connection with the WW1 Battle at Pozieres, France.

Remembrance Day is very special on the Australian calendar of events and the Centenary Suburbs Men's Shed members have a very close connection to the day, remembering the 7000 Australian diggers who lost their lives at Pozieres, France.

A request for help from the Pozieres Remembrance Association to the CSMS to assist with the making of white crosses which formed part of the Memorial Park built over an old German Trench line. Some 7,000 crosses were required to form part of the memorial in the shape of the Rising Sun, a badge worn by every Australian Digger on his uniform.

These crosses serve as a permanent memorial for future generations, reminding them of the 7,000 Australian's who lost their lives at Pozieres.

For the work carried out by the Mens Shed in supplying some of the crosses, a brick used in the building of the Pozieres Memorial Park was purchased in the name of "Brisbane Centenary Suburbs Men's Shed Brisbane Queensland," The brick is numbered 1010 and is located in the Pozieres Memorial Park France.



One of the thousands of crosses which the Men's Shed made for the inclusion in the Memorial at Pozieres



An aerial view of the rising sun which is made up of some 7,000 crosses representing the number of Australian Diggers killed at Pozieres

LEST WE FORGET



Copy of the certificate proudly displayed at the Centenary Suburbs Men's Shed



THE PENTAGON CONNECTION (Continued)...

It was in 2005 that he began painting full time, " I am lucky in that I have the opportunity to travel throughout the World and as a passionate plein air artist, I use art not just as a way of recording my travels but also to ensure that I take my time and really 'see' the places I am experiencing." His greatest joy is standing in front of an imposing line of alpine mountain, on a Sunshine Coast beach capturing the afternoon light catching the waves or on the side of a lake in northern Italy.

Garry also specialises in creating artwork that tells a story. Over the last ten years he has completed works that tells stories about World War 1 and the Battle of Long Tan. He has also completed many commissions telling people's personal stories including relative's involvement in war, a wedding scene, passions such as cars, motorbikes, planes and important places from their past.

His work is in private collections around the world and has been exhibited at the Australian War Memorial, galleries and museums throughout Australia, as well as The Gallipoli Club and in sites relating to Australia's involvement in the Western Front in France.

For the past twelve months, Garry

THE ART ROOM UPDATE following this story...

The Centenary Suburbs Men's Shed have extended their complex with the addition of an ARTS STUDIO. Several thousands of dollars have been spent on supplies to outfit the studio. All that was missing was an artist willing to start teaching those would be artists.

GARRY DOLAN, (SEE STORY, STARTING FRONT COVER) a local artist from Chapel Hill, read in a local newspaper that the Shed had established and arts studio. Garry immediately joined the Centenary Men's Shed and will give his first arts instructions to members in December.

Maybe some of his students will follow Garry all the way to the Pentagon with their work !



has been working on a dozen paintings for the Pentagon Exhibition 2019-2020. He is the first Australia artist to be invited to exhibit his art at the Pentagon.

The exhibition is titled, 'The Kangaroo and the Eagle, friends and allies, 1908 to 2019'

Most of the Pentagon paintings are based around the Australian and American forces working together during the Pacific Theatre of WW2. Garry says that one of the greatest things about painting this type of art is doing the research and finding the back stories such as the important role Brisbane played at the

headquarters of the whole Pacific theatre. He received a lot of help researching this exhibition from the Queensland Maritime Museum and Macarthur Museum Brisbane.

Garry has recently completed his paintings which will be selected for display in the Pentagon, from November 2019 for the next twelve months.

Garry and his wife Kate, have three children and live at Chapel Hill Brisbane.



IT'S ALL STEAM AHEAD...



As reported in the last Newsletter, under the skillful guidance of Trevor Johnsson, it is all steam ahead to build a 1/4 scale steam driven engine utilising the services of the Shed workshop as seen in this pictorial display of some shed members already producing parts for the traction engine.



Team Leader Trevor Johnsson, with one of the wheels which will be turned on the lathe



Brian Brumby with one of the axles

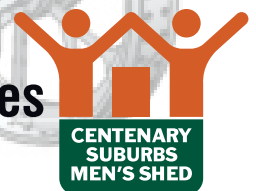


Shed member, John Holt pictured turning a traction engine wheel on the Shed's lathe



Leaf springs to support the traction engine

BIG TOY ! - Shed Activities



"Growing older is inevitable, ageing is optional":

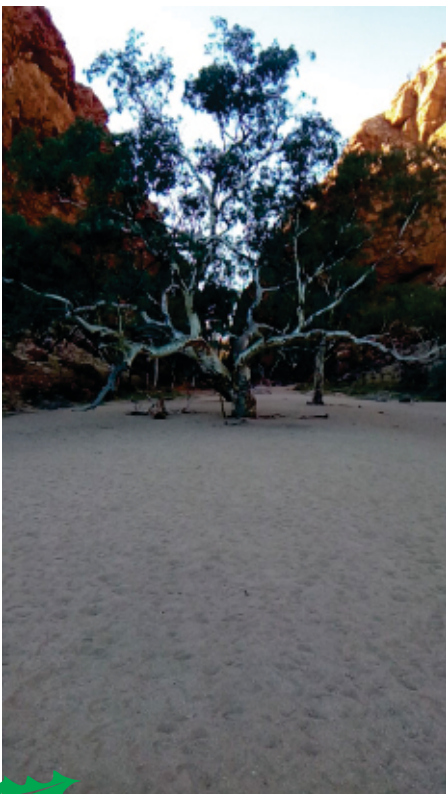
Become a member of the Centenary Suburbs Men's Shed.



MY BUCKET LIST

Our illustrious Secretary, Rob tells his story

My Bucket List – The Larapinta Trail, Rob Troy – Secretary Centenary Suburbs Men's Shed. Not having worked for a couple of years now, challenges I (and many others), face is the loss of that gratification you get from achieving a good job done that is particular to the workplace. Whilst things are relatively good in retirement, you get time to do those many jobs that have fallen by the wayside and picked up many other pursuits to keep you busy. In my case, however, there are a lot of things left undone and the lack of personal achievements that accompany the working environment can burn deeply within the soul. Having an extremely stable and healthy relationship, family life, and financial stability, things like these personal achievements can only be attained by working through challenges, pushing myself beyond normal limits. Having limited hiking experience, but always fascinated by stories told by others of such decided that one of these challenges would be the Larapinta



trail. The Larapinta trail runs from Telegraph Station, just near Alice Springs to Mt Sonder, approximately 223 km away along the West McDonnell ranges. There are many different walks and methods of doing this hike, my choice being a 14-day guided tour which entailed a total of over 250 kms of walking with a day pack. (approx. 9 kgs, 4l water spare clothes and lunch snacks etc). This package, provided by World Expeditions, included two guides who interchanged each day, one being on the walk whilst the other shifted campsites. The latter prepared the evening meals, ensured supplies were available and created fireplace and toilet facilities. On arrival and meeting with the guides and the rest of the group, I quickly realised that I was vastly the most inexperienced hiker, not having the right gear and clearly not on the same wavelength as the rest. They all thought I was a bit mad taking this on given my experience! This tour is definitely not for the faint hearted. Sleeping accommodation was a canvas swag, a 1 ½ inch foam mattress and a sleeping bag. Being able to sleep under the stars, witnessing nature's array of shooting stars and watching satellites orbit the earth, somewhat nullified the constant aching from walking all day in hot heavy boots and trying to sleep on hard ground punctuated by the occasional rock or two and spiky spinifex grass during those early morning toileting needs. The lack of humidity, days of 25 degrees that seemed like over thirty, and extremely cold nights were also challenging. The group of eight participants suffered a variety of minor complaints, especially blisters and the prospect of losing toenails. However, all completed the trial which culminated with a 2.45am start to walk/climb the 8km trek to the summit of Mt

Sonder (indigenous name extremely hard to spell phonetically pronounced roo-chip-nah). This was to ensure we saw the sunrise over the ranges, a truly exhilarating experience when the wind was howling and estimates were that it was -5 degrees (five layers were still not enough to feel warm!!). This walk was by use of a head torch and the way down (in daylight) identified how difficult it was!

I would like to say that this challenge started out as a personal challenge for me and me alone, not particularly fussed about the scenery, culture and type of excursion, just something for me to prove to myself. I think though, apart from finishing the trek, my greatest achievement was that it became not just about me but about the group of people who set out to finish one end to the other working together to do just this, learning so much about the area, culture and astronomy and all of the starting group having a cup of tea and a tim-tam at 6am on the summit of Mt Sonder. With a usual dropout rate of 10% and the pain and suffering the group went through, this represented a remarkable achievement given the average age was 57.

I would recommend that anybody should have a go at the Larapinta Trial, perhaps one of the shorter and more glamp style options (especially those who would like more than a couple of showers over the 14 day trip). The food was great and plentiful. The guides were sensational, experts in blister prevention and management and extremely knowledgeable about the area and culture.

Stories from the blokes
in the Shed



CPR PRESENTATION

Bronwyn gives practical and down to earth presentation

Advanced Care Paramedic, Bronwyn O'Keeffe, kept CSMS members intrigued with her practical demonstrations and down to earth presentation on CPR awareness at a presentation held at the Shed.

She covered the AIMS and learning the outcomes of what is Cardiopulmonary Resuscitation, which included, CPR for Adults, Children and Infants, Cardiac Arrest signs, symptoms and treatment, a guide to basic life support, calling for help, "000" and defibrillator awareness.

Bronwyn couldn't emphasise enough how important it is, to download an "Emergency App" free from the State Government that will assist in providing your exact location should you be in a situation where you are in need of Ambulance assistance.



Paramedic, Bronwyn O'Keeffe using Rob Troy one of our members to demonstrate the positioning of a person who is requiring CPR



Saving Lives !



Paramedic Bronwyn O'Keeffe, instructing on the use of an Automatic External Defibrillator whilst carrying out CPR.



EMERGENCY APP ! COULD SAVE YOUR LIFE !

Paramedic Bronwyn O'Keeffe explains the necessity for all citizens to download the "Emergency +App" which is free from the State Government that provides your phones's GPS coordinates to the Emergency Dispatcher



THE CUTTY SARK - Famous Ship

Shed member Len Paarman, all things sea and sailing enthusiast, finds huge model "Toy" !



Len Paarman's interest in the sea and sailing came through his forbears who lived in the town of Blankenese, near modern day Hamburg, Germany.

In fact, Len's Great, Great, Great Grandfather on his Father's side was a chief pilot on the River Elbe taking ships out to sea in the mid 1800's

In his family research, his interest was directed to the Cutty Sark, which represented the pinnacle of clipper ship design and was one of the fastest ships of its day. Built for the China tea trade she successfully navigated eight return voyages from London to China with a cargo of tea.

The opening of the Suez Canal marked the end for sailing ships in the tea trade and the Cutty Sark

eventually found its way to Australia where she reached her peak transporting wool to England in record times.

Through a friend of a friend, Len found a model of the Cutty Sark for sale in Melbourne and drove to Melbourne to pick up his new 'toy'

On his return to Brisbane he sought advice from Shed members how to go about building a display case to house this rather large model. He is grateful to Ken Smith for his guidance in constructing the cabinet and to Richard Wilson for his work on repairs and maintenance.

Building the cabinet proved a bigger task than he had envisaged, and after many months work he

now has another problem of where to display the Cutty Sark, housed in a rather large cabinet.

There are deep and meaningful discussions going on between Len and his wife Pauline. Just where will this rather large display cabinet be anchored in their home?

The Shed Men and thier "Toys"



Wotz the BUZZ ? - AUSTRALIAN NATIVE BEES

Making Native Bee Nest Sites

The CSMS members have taken on another project which will help securing the survival of Native Bees in and around the Centenary Suburbs.

The members are making Native Bee hives for a client who sells online, which has created an internal interest in the Native Bee. They are very important to our environment through pollination of native plants and trees, such as , Callistemon, Gum Trees, Melaleucas, Daisies and even Lavender which is found in most gardens.

Today more and more people are supporting their local native bees by providing nest sites, (special native bee hives) in their gardens.



Mr Ken Clark, a new member of the Shed is pictured making native bee hive for his garden at Forest Lake.



CONTAINER REFUND SCHEME now past the 1,000 mark

**Total raised now, \$301
and increase of \$80.30**

RECYCLE



*Well done, Shed Members
Keep those dead marines coming, boys!*

More Funds for the Shed

BUNNINGS
warehouse



BUNNINGS SAUSAGE SIZZLES Your continued support is vital !

REMINDER:

Bunnings BBQ is the backbone to the financial survival of many Not for Profit organisations. The Shed's survival is no different. It's the members who man the BBQ's who ensure the "sizzle" finds it's way back to the shed's bank balance.

The Sausage Sizzle is the backbone of the day to day operation of the Shed

Thank you to those who contribute their time and effort



News Flash!

AWARD FOR OUR SERVICE TO THE COMMUNITY



An early Christmas present from Councillor Matthew Bourke awarded to the Centenary Suburbs Men's Shed was presented to David Cope at the Councillors annual Christmas drinks for Volunteers from within the Ward of Jamboree on Tuesday 10th December.

The Jamboree Community Award was one of four presented to "outstanding volunteers" in recognition for their "Service to the Community." On Thursday, Matthew took time out from his very busy schedule to attend the shed and survey the work being done to build the Traction engine and have his photo taken with some of the shed members proudly showing off the Jamboree Community Award.



News Flash!

NOW FULL STEAM AHEAD - Traction Engine update

An idea passed around over a morning tea at the Centenary Suburbs Men's Shed some months ago is gaining traction. The plan was to build a 1/4 scale steam driven Allchin model traction engine utilising the services of the Shed workshop and with help from the Allchin Builders Group in South Australia. Now it is full steam ahead with the announcement the Shed has been successful in its application for a Brisbane City Council grant to complete the construction of a steam traction engine.

Under the guidance of project leader, Trevor Johnsson, work has commenced on the engine, the wheels, axels and leaf suspension have been purchased and modified by the members. The frame work for a passenger carriage to be towed by the engine has been completed by shed tradesmen.



Councillor Matthew Bourke and Trevor Johnsson

News Flash! COOL!

GRANT for aircon and compressed air APPROVED

Senator Paul Scarr, Liberal National Senator for Queensland, at a meeting at the CSMS announced that their application for a Grant to air-condition the meeting room and install compressed air in the workshop, has been approved.



David Cope with Senator Paul Scarr



A BIG *Thank You*

TO OUR WONDERFUL SPONSORS

FUNDRAISING - I would once again like to thank our sponsors for their continued support, some of whom have committed to next year – in particular, our major sponsor, Ray White Sherwood / Graceville, and Brilliant Prints, with their ongoing commitment for us to produce the photo boxes (over 250 so far), and of course the planter boxes, another ongoing project. These activities have proved extremely helpful in our fundraising endeavours to benefit many aspects of our 'SHED'.

The BUNNINGS sausage sizzle continues to be an important fundraiser for us and a big thank you to the MEMBERS who are constantly there to help on our allotted days and sweat over the BBQ on those hot summer afternoons with the western sun doing its best to make things even more unpleasant.

BCC and Federal Grants Current projects dependant on forthcoming grants include:

- *The Traction Engine
- *Resurfacing of the car park
- *Shadecloth over the slab between the workshop and the hotshed
- *Air Conditioning of the meeting room
- *Reticulation compressed air

So, thanks to the Brisbane City Council and Federal Government

With my very best wishes to you all for the Festive Season
Jon Churven – Fundraising Coordinator.



MAJOR SPONSOR



RayWhite®

SHERWOOD | GRACEVILLE

07 3379 3595 ray.whitesherwood.com.au ray.whitegraceville.com.au



Goodyear Autocare Sumner Park is a proud supporter of the Centenary Suburbs Men's Shed.

Situated on the corner of Spine and Neon Streets, the company have been providing a professional service to residents of Centenary Suburbs for the past 27 years.

For your next service give Sharon or Russell a call on 3376 2000

**FOR ALL MECHANICAL REPAIRS,
TYRES and BATTERIES**

Franklin's Workshop

116 Jerrold Street, Pty Ltd
 SHERWOOD, Qld 4075

Ph: 3379 1520

ALL WORK GUARANTEED - EST. 1923



LJ Partners Pty Ltd

Financial Planners

T: 07 3555 8145
www.ljpartners.com.au
 Level 25/239 George Street,
 Brisbane QLD 4000
 GPO Box 1876, Brisbane QLD 4001



Reclaim

Health & Rehabilitation

PHYSIOTHERAPY
 CLINICAL PILATES
 REMEDIAL MASSAGE
 DIABETES EDUCATION
 EXERCISE PHYSIOLOGY
 DIETETICS & NUTRITION
 OCCUPATIONAL THERAPY



FLOWER

 LOVERS















